

The Sex Drive, Week #2

Using Time in the Car to Talk to Your Kids about Sex



Use an example from your child’s school or circle of friends to start a conversation .

Be aware of your child’s school and social environments. Ask your child, other parents, teachers or guidance counselors for the information you need.

- Is someone pregnant? A teacher, classmate, someone’s sister, etc.
- Does your child have a friend who is experimenting with sex?
- What is your 3rd –grader’s bus ride like? Does he ride with older children?
- Does your school offer comprehensive sex education? How often? In what grades? Who teaches it?

Examples

Ask you 8-9 year old, “How was the bus ride today? Were the older kids talking about anything interesting?”

Ask your teen, “How do you feel (or what have you heard) about the sex education unit coming up in health class?”

Ask your older adolescent, “I heard a tenth-grader is pregnant? How do you think she’ll do being a mom in high school?”

Teen pregnancy and childbearing have negative effects on teen parents and their children. Only fifty percent of teen moms get their high school diploma. Kids born to adolescents are more apt to have poor educational, behavioral, and health outcomes than kids born to older parents.

When it comes to talking about pregnancy, every family and every child are different. What works for one, may not work for another. Pick a link or two from the list below for more specific information from a variety of sources.

Article	Source
Reproductive Health-Teen Pregnancy	Centers for Disease Control and Prevention
The Pregnant Teen’s Dilemma	Focus on the Family (Faith-based)
I’m Pregnant, Now What?	Planned Parenthood
Teen Pregnancy Prevention	Teen Health.com
Negative Impacts of Teen Childbearing	U. S. Department of Human Services