



Ontario County Office for the Aging  
Living Longer and Stronger

# Ontario County Office for the Aging Caregiver Directory



Service	Organization	Contact Information
<b>Adult Day Programs - Medical Model</b> Offers nursing; physical, occupational and recreational therapies; meals; nutritional counseling; social work and personal care.	Finger Lakes Health	116 Lewis St. Geneva, NY 14456 (315) 787-4710
A program of All-Inclusive Care for the Elderly (PACE). Complete medical and social care including day services.	ElderOne Rochester Regional Health	Silver Hill Center 1000 Technology Pkwy Newark, NY 14513 (315)359-2220
<b>Adult Day Programs - Social Model</b> Offers supervision, socialization, recreation and some assistance with personal care.	CDR	195 Parrish St. Canandaigua, NY 14424(585) (585)546-7510
	Ontario ARC	Silver Connections 2975 County Rd. 48 Canandaigua, NY 14424 (585) 394-7500
	Bridges for Brain Injury	5760 Duke of Gloucester Way, Farmington, NY 14425 (585) 396-0070
<b>Alzheimer's and other dementia related services.</b> Educational classes, information and referral, respite, support groups, family counseling, respite care.	Alzheimer's Association	435 E. Henrietta Rd. Rochester, NY 14620 (585) 760-5400 (800) 272-5400

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 (585) 396-4040 Ontario County Office for the Aging (315) 781-1321  
[www.co.ontario.ny.us/aging](http://www.co.ontario.ny.us/aging)

<b>Dementia Care</b> Care consultations provided in Ontario County provided by the Alzheimer's Association.	Ontario County Office for the Aging & the Alzheimer's Association	3019 County Complex Dr. Canandaigua, NY 14424 call the Alzheimer's Assoc. for appointment(585) 760-5400, (800) 272-5400
Dementia care consultations, health care coordination, support groups, family consultation, respite care.	Finger Lakes Caregiver Institute A partnership of Lifespan & the Alzheimer's Assoc.	1900 S. Clinton Ave. Rochester, NY 14618 (585) 244-8400 x169 <a href="mailto:Katy.allen@lifespan-roch.org">Katy.allen@lifespan-roch.org</a>
<b>Caregiver Support Groups</b> Education, information and peer support for caregivers.	Alzheimer's Association Support Groups	Canandaigua – United Presbyterian Church, 11 Gibson St., 1 <sup>st</sup> Thursdays 1:00-2:30 pm
		Canandaigua – Quail Summit 5102 Parrish St. Ext. 2 <sup>nd</sup> Wednesdays 4:00 -5:00 pm
		Geneva – Geneva Presbyterian Church, 24 Park. Place 1 <sup>st</sup> Wednesday s 1:30-2:30 pm
		Victor – Legacy at Fairways, 681 High Street, 2 <sup>nd</sup> Thursday s 11:00 am-12:00 pm
	Parkinson's Support Group	Wood Library 134 N. Main St. Canandaigua, NY (585) 394-1381 Last Friday of the month 1:00-3:00 pm
	Sands Cancer Center Support	(585) 396-6780 2 <sup>nd</sup> Fridays 10:00 -11:30 am

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<p><b>Powerful Tools for Caregivers</b> A six week self-care educational workshop for family caregivers to learn skills &amp; community resources, deal with stress and increase coping skills.</p>	<p>Ontario County Office for the Aging</p>	<p>3019 County Complex Dr. Canandaigua, NY 14424 (585) 396-4040 or (315) 781-1321</p>
<p><b>Health Insurance Information and Counseling</b> Information and assistance with all medical insurance issues including Medicare, Medicaid, EPIC, Part D Prescription Drug plans, Medicare Savings Programs for low income seniors.</p>	<p>HIICAP - Ontario County Office for the Aging</p>	<p>3019 County Complex Dr. Canandaigua, NY 14424 (585) 396-4040 or (315) 781-1321</p>
<p><b>Meals on Wheels (Home Delivered Meals)</b> Hot meal delivered M-F by volunteers Frozen meals also available for non-delivery areas in Ontario County. Regular diet only, donation based.</p>	<p>Ontario County Office for the Aging</p>	<p>3019 County Complex Dr. Canandaigua, NY 14424 (585) 396-4040 or (315) 781-1321</p>
<p><b>Home Delivered Meals:</b> National provider of home-delivered meals. Delivered via mail to any address. Meals accommodate special diets including diabetic, renal, gluten free, low sodium, vegetarian and pureed. Fee based.</p>	<p>Mom's Meals</p>	<p>Mom's Meals (877) 508-6667 <a href="http://www.momsmeals.com">www.momsmeals.com</a></p>
<p><b>Legal Services for Seniors</b> Services available to help with Power of Attorney, Health Care Proxy, Wills and other legal issues.</p>	<p>Legal Assistance of Western NY</p>	<p>For legal referral contact Ontario county Office for the Aging (585) 396-4040 or (315) 781-1321</p>
<p><b>Long Term Care Services &amp; Supports Information, Referral and Assistance</b> Assistance finding care, understanding long term care options, housing, nursing home and assisted living, transportation, caregiver supports, application assistance</p>	<p>NY Connects – Ontario County Office for the Aging</p>	<p>3019 County Complex Dr. Canandaigua, NY 14424 (585) 396-4747</p>

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for Medicaid & other public benefits.		
<b>Project Lifesaver</b> Combines technology and rescue teams to locate a missing person who has wandered off due to Alzheimer's disease or other cognitive disorders.	Ontario County Sheriff's Department & Office for the Aging	Call (585) 396-4512 <a href="https://www.co.ontario.ny.us/213/Project-Lifesaver">https://www.co.ontario.ny.us/213/Project-Lifesaver</a>
<b>Protective Services for Adults</b> Services for impaired adults who are at risk of harming themselves or others.	Ontario County Department of Social Services	3010 County Complex Dr. Canandaigua, NY 14420 (585) 396-4060
<b>Respite Services</b> Provides caregivers a temporary break from caregiving while the person they are caring for receives care at home or in an Adult Day Services program.	Ontario County Office for the Aging	3019 County Complex Dr. Canandaigua, NY 14424 (585) 396-4040 or (315) 781-1321
	Alzheimers Association	435 E. Henrietta Rd. Rochester, NY 14620 (585) 760-5400 (800) 272-5400
	Finger Lakes Caregiver Institute	1900 S. Clinton Ave. Rochester, NY 14618 (585) 244-8400 x169 <a href="mailto:Katy.allen@lifespan-roch.org">Katy.allen@lifespan-roch.org</a> *Services provided in Ontario County
<b>Respite Beds</b> Respite beds providing short term stays in a supervised setting.	Clark Meadows	One Clark Meadows Canandaigua, NY 14424 (585) 393-4330
	Elm Manor	210 N. Main St., Canandaigua, NY 14424 (585) 394-3883
	Living Center at Geneva	196 North Street Geneva, NY 14456 (315) 787-4730
	Horizons	3132 State Rt.21, Canandaigua, NY 14424

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		(585) 396-3390
	Quail Summit	5102 Parrish Street Ext Canandaigua, NY 14424 (585)-396-1010
<b>VA Caregiver Support</b> Caregiver Support line for those caring for a veteran.	Department of Veterans Affairs	(855) 260-3274
<b>Veteran's Benefits</b> Assistance applying for various benefits for veterans and their families such as pensions, burial allowance, Aid-and-Attendance.	Ontario County Veteran's Agency	3010 County Complex Dr. Canandaigua, NY 14424 (585) 396-4185

### **Web Resources**

AARP – Caregiving Resources  
<http://www.aarp.org/caregiving>

Download the AARP “Prepare to Care Planning Guide for Families”  
<http://www.aarp.org/content/dam/aarp/home-and-family/caregiving/2012-10/prepare-to-care-lores.pdf>

Free Download of Amy Goyer’s E-book “Juggling Work and Caregiving”  
<http://www.aarp.org/entertainment/books/bookstore/home-family-caregiving/juggling-work-and-caregiving.html>

Download the report –“Caregivers in Crisis: Why New Yorkers Must Act” - February 2013  
<http://states.aarp.org/wp-content/uploads/2013/11/Caregivers-in-Crisis-FINAL.pdf>

“Home Alone: Family Caregivers Providing Complex Chronic Care”  
<http://www.aarp.org/home-family/caregiving/info-10-2012/home-alone-family-caregivers-providing-complex-chronic-care.html>

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