






November 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Veal Parmesan Whole Wheat Pasta Wax Beans Fresh Fruit	3 White Fish with Lemon Sauce Roasted Red Potatoes Steamed Zucchini Oatmeal Cookie	4 Cheeseburger on Whole Wheat Bun Peppers & Onions Sliced Beets Chilled Pineapple	5 Chicken Divan Parsley Potatoes Winter Squash Chilled Fruit	6 Sweet & Sour Pork Steamed Rice Brussel Sprouts Rosy Pears
9 Chicken Florentine W.W. Pasta Salad Capri Vegetable Fresh Fruit	10 Salisbury Steak Mashed Potatoes Creamed Corn Birthday Cake	11  VETERANS DAY	12 Roast Pork w/ Gravy Scalloped Potatoes Cape Cod Vegetables Diced Peaches	13 Creamed Tuna Baked Potato Steamed Spinach Chilled Sweet Plums
16 COLD PLATE: Egg Salad W.W. Pasta Salad Mountain Green Salad Chilled Apricots	17 Hot Dog on WW Bun w/ Chicago Sauce Green Beans Fruited Yogurt	18 Chicken & Gravy Baked Potato Glazed Carrots Fresh Fruit	19 Chop Steak Stroganoff w/ Noodles Peas Warm Wheat Roll Gelatin	20 Lemon Garlic Pork Sweet Potatoes Vegetable Du Jour Mandarin Oranges
23 Herb Crusted Fish Wild Rice Blend Steamed Broccoli Raisins	24 Roast Turkey & Gravy Herb Bread Stuffing Mashed Potatoes Mixed Vegetables Pumpkin Pie	25 Sloppy Joe on WW Bun Normandy Vegetables Tossed Salad Warm Applesauce	26 	27 Macaroni & Cheese Stewed Tomatoes Cauliflower w/ Dill Sweet Cherries
30 Pepper Steak Potatoes Prince Edward Vegetables Bakers Choice				2% milk, bread and margarine provided daily  

****MENU IS SUBJECT TO CHANGE**** If you need a large print menu please call Amber at 919-2773