

ONTARIO COUNTY OFFICE FOR THE AGING

2015 ANNUAL PLAN ABSTRACT

OVERVIEW

Ontario County's population grew 8% from 2000 to 2011, from just over 100,000 residents to 108,500. The most significant growth rates are for the residents age 60 to 84 and for those 85 and older, growing by 42% and 59% respectively. Older adults age 60 plus represent 22% of the total county population, and highlight the growing need for sufficient elder care and support services.

MISSION STATEMENT

The goal of the Ontario County Office for the Aging is to enrich the lives of residents age 60 years and older and their caregivers. We do this by providing a network of services that support independent living and promote dignity and a positive quality of life.

PROGRAMS AND SERVICES

The services provided by the Ontario County Office for the Aging are provided either directly by the County or by contractors of the County. The services are funded by Ontario County, the New York State Office for the Aging, the Federal Administration on Aging, and donations or fees from program participants. Services can be obtained by calling 396-4040, coming in-person to the OFA office Monday – Friday, 8:30 to 4:30 or by visiting one of the outreach sites.

NY Connects: Choices for Long Term Care:

(Information, Referral and Assistance)

Many older adults and their caregivers do not know what services are available to them. NY Connects offers free comprehensive information and assistance finding services and supports for people of any age. With just one phone call a consumer can speak to a knowledgeable well trained professional to help find the most appropriate services regardless of payment source. The OFA uses several other methods to educate the public about services available including a quarterly newsletter, press releases and paid ads in local newspapers, public speaking, brochures and our web-site.

*3,652 calls answered
1124 referrals
5,435 web-site hits
9,860 newsletters distributed*

Case Assistance and Options Counseling:

Assistance with applications and collecting documentation needed for benefits such as Medicaid, HEAP, SSI, Disability, Food Stamps, and other benefit programs. Options Counseling is one-on-one consultation to help individuals identify and understand their needs and fully

215 clients provided with case assistance

understand their options that will help them remain in the community and preserve resources and their independence.

Nutrition Services:

The Office for the Aging provides offers a comprehensive nutrition program in a variety of settings. Our services include a community dining program (congregate meals), home delivered meals, nutrition education and counseling and a Farmers Market Coupon program.

*13,543 congregate meals served to 218 people
61,628 meals delivered to 444 people
520 clients educated & 25 individuals counseled
613 Farmers Market Coupons distributed*

Case Management & Home Care (EISEP PROGRAM):

Case managers conduct in-depth assessments, develop care plans and recommendations, coordinate services, act as liaisons to health care providers and insurers, and continuously monitor services to ensure that the individual's goals are met. EISEP provides personal care aides to help with bathing, hair care, meal prep, laundry, housework.

*14,507 hours of home care to 134 clients.
1218 hours of case management*

Caregiver Resources and In-home Respite:

Caregiver Resource Centers located at Ontario County libraries, educational programs, and counseling and in-home respite care to relieve the caregiver.

*673 caregivers helped
1,847 counseling & training sessions
80 hours of case management
1,412 hours of respite*

Health Insurance Information, Counseling and Assistance Program (HICAP):

HICAP provides one-on-one accurate and objective information on health insurance including Medicare Part A, B and D, EPIC (Elderly Pharmaceutical Insurance Coverage), the Medicare Savings Programs, "Extra Help" and Medigap and other supplemental policies. Medicare 101 Workshops are conducted and are open to any resident of Ontario County who is sixty years of age or older, or who is caring for someone sixty years of age or older.

*1,699 Individuals Counseled
32 Presentations to 414 participants*

Health Promotion and Education:

- *Fall Prevention: Matter of Balance:* This program meets weekly for 8 weeks to examine the concerns about falls and perform exercises that will increase strength and balance.
- *Personal Emergency Response Systems (PERS) and Dispense-A-Pill (DAP):* In 2013, 167 clients received PERS devices and 5 clients received Dispense-A-Pill devices. The Office for the Aging contracts with Doyle Security System, Inc. for these services.
- *Computer Training for Seniors:* Classes provided through Wood Library.

- *SALT Council (Seniors and Lawmen Together):* Scams and ID Theft and Abuse Prevention educational programs, Project Lifesaver and 911 Cell phones.
- *Volunteer Opportunities:* Volunteer placement in Office for the Aging programs.

Legal Assistance:

The Ontario County Office for the Aging, through a contract with Legal Assistance of Western New York provides legal services on issues such as Power of Attorney, Health Care Proxy, wills, landlord/tenant issues, public benefits and other areas of civil law. In 2013, 82 clients received legal assistance.

Transportation:

Through a contract with RTS, the Office for the Aging provides transportation for older adults needing dialysis treatment. In addition, OFA recently took over the management of the county's Senior Van services which primarily provides rides to the residents of Canandaigua four days per week, Geneva residents as needed and for town residents once a month.

Outreach sites:

In 2013, the Office for the Aging developed 10 outreach sites in order to increase access to services. Older adults can now come to one of these sites to get information and assistance. Experienced caseworkers provide assistance with paperwork and applications, health insurance counseling and information and referrals to different programs in the community and to OFA programs.

Recreation:

- *Golden Spot Senior Recreation Center (located at Salvation Army):*
- Food, Fun and Fitness
- Yoga Classes
- Meditation Classes

FUNDNG SUMMARY 2015 PROJECTED

Funding Source	Funding	Donations/ Cost Share	Total Revenue
EISEP – Expanded In Home Services Program (State)	327,001	9,250	336,251
WIN (SNAP)- Wellness In Nutrition (State)	210,815	22,000	232,815
Title IIIB – Supportive Services Program (Federal)	126,894	1,500	128,394
Title IIID – Health Promotion (Federal)	5,488	0	5,488
Title IIIE – Caregiver Support Program (Federal)	41,406	1,500	42,906
Title IIIC-1 – Congregate Nutrition (Federal)	83,411	14,000	97,411
Title IIIC-2 – Home Delivered Meals (Federal)	53,360	22,000	75,360
CSE – Community Services for the Elderly (State)	173,796	4,900	178,696
TITLE V – Senior Employment Program (Federal)	27,656	0	27,656
HIICAP – Health Insurance Counseling Program (State & Federal)	32,270	200	32,470
CSI – Congregate Services Initiative (State)	2,575	0	2,575
NSIP – Nutrition Services Incentive Program (Federal)	56,930	0	56,930
MIPPA/ADRC – Medicare Improvement Act (Federal)	7,500	0	7,500
Transportation Grant (State)	6,693	0	6,693
NY CONNECTS (State)	80,579	0	80,579
Ontario County (Local)	1,000,225	37,640	1,037,865
Total Revenues	\$2,236,599	\$112,990	\$2,349,589