

The Sex Drive, Week #5



This week talk to your kids about condoms.

Examples

Ask your 8-9 year old, "Have you ever heard other kids talking about condoms?" "What have they been saying about them?" "What are they for?"

Ask your teen, "What have you heard about condoms?" "Why are they important?" "Why don't you ever see condoms in movies or on TV?" "What do condoms protect against?"

Ask your older adolescent, "How would you go about getting condoms if you needed some or just wanted to see what they were like?" "Who gets to decide if a couple uses condoms? The boy or the girl?" "How would you go about getting a boyfriend/girlfriend to use one?"

Quick Condom Facts

- Used correctly every time, male condoms are 98% effective at preventing pregnancy. The problem is, not everyone uses them correctly, every time.
- 18% of couples using condoms for birth control get pregnant because they don't use them every time, don't use them the whole time, or use them incorrectly.
- Condoms protect well against gonorrhea, chlamydia & HIV. They are effective against HPV (wart virus) & herpes if the condom covers the infected area.
- Anyone, including teens can purchase condoms.
- Health departments & community clinics often have free condoms available.
- Condoms come in different materials, sizes, colors, textures and flavors.
- Female condoms are also effective at preventing STI's and pregnancies.

Every family & every child are different. What works for one, may not work for another. Check out the links below for more information from a variety of sources.

Article	Source
Facts about Condoms	Condomology
Male Condoms	National Institutes of Health
Female Condoms	National Institutes of Health
How to Use a Male Condom (tasteful video)	Planned Parenthood
Condom Do's and Dont' s	It's Your Sex Life